

WEEK 1 WINTER MENU



MORNING
LUNCH
AFTERNOON

MONDAY

Yogurt &
Fruit Platter

Pasta
Bolognese
Bake

Homemade
Biscuits

TUESDAY

Yogurt &
Fruit Platter

Coconut curried
chicken served
with rice

Platter of dips,
crackers,
cheese, carrot
& celery sticks

WEDNESDAY

Yogurt &
Fruit Platter

Assorted
Sandwiches

Sweet Muffins

THURSDAY

Yogurt &
Fruit Platter

Macaroni
chicken and
cheese pasta

Homemade
Slice

FRIDAY

Yogurt &
Fruit Platter

Ground beef and
vegetable
casserole with
rice

Scones with
jam and cream



All meals prepared
fresh daily by
our Chef.

All menu ingredients
available
upon request.

Daily pureed menu
for children under
12 months of age.



WEEK 2 WINTER MENU



MORNING
LUNCH
AFTERNOON

MONDAY

Yogurt &
Fruit Platter

Homemade
Pizzas

Pikelets
with jam and
cream

TUESDAY

Yogurt &
Fruit Platter

Curried sausages
with pumpkin
and potato mash

Savoury
Pinwheels

WEDNESDAY

Yogurt, Nut Free
Muesli &
Fruit Platter

Sweet and sour
pork with
Asian noodles

Platter of dips,
cheese, carrot
& celery sticks

THURSDAY

Yogurt &
Fruit Platter

Chicken with
country gravy
with mashed
potatoes, peas
and carrot

Anzac
Slice

FRIDAY

Yogurt &
Fruit Platter

Tuna and
vegetable
bake

Sweet
Muffins

All meals prepared
fresh daily
by our Chef.

All menu ingredients
available
upon request.

Daily pureed menu
for children under
12months of age.



WEEK 3 WINTER MENU



MORNING
LUNCH
AFTERNOON

MONDAY

Yogurt,
Nut Free Muesli &
fruit platter



Vegetable and
Napolitana
Spaghetti

Banana
Cake



All meals prepared
fresh daily
by our Chef.

TUESDAY

Yogurt &
fruit platter

Slow cooked
Beef curry
with rice

Scones served
with jam and
cream

All menu ingredients
available
upon request.

WEDNESDAY

Yogurt &
fruit platter

Chicken and
vegetable pasta
bake

Weetbix
slice

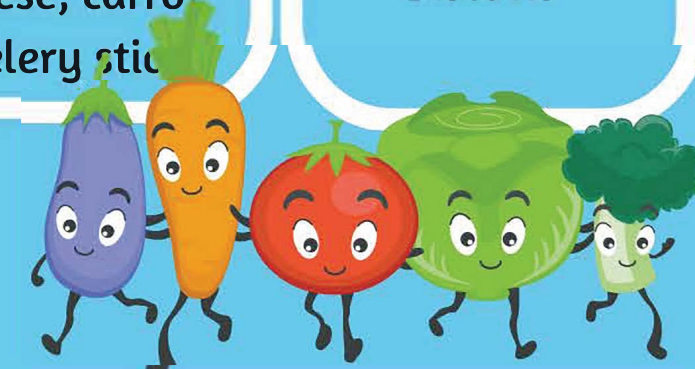
Daily pureed menu
for children under
12months of age.

THURSDAY

Yogurt &
fruit platter

Savoury mince
and vegetable
cottage pie

Platter of dips,
crackers,
cheese, carrot
& celery sticks



FRIDAY

Yogurt &
fruit platter

Homemade
Pizzas

Homemade
Biscuits



WEEK 4 WINTER MENU



MORNING
LUNCH
AFTERNOON

MONDAY

Yogurt & fruit platter



Macaroni and vegetable cheese pasta

Chocolate Cake



TUESDAY

Yogurt & fruit platter

Sausages and onion gravy with pumpkin and potato mash

Sweet Pinwheels

All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.

WEDNESDAY

Yogurt & fruit platter

Pasta Alfredo with chicken and vegetables

Savoury Muffins

Daily pureed menu for children under 12 months of age.

THURSDAY

Yogurt & fruit platter

Ground beef and vegetable Stroganoff with rice

Lemon Slice



FRIDAY

Yogurt & fruit platter

Variety of sandwiches

Platter of dips, cheese, carrot & celery sticks



WEEK 5 WINTER MENU



MORNING
LUNCH
AFTERNOON

MONDAY

Yogurt, Nut Free
Muesli &
fruit platter



Butter chicken
with rice

Platter of dips,
cheese, carrot &
celery sticks

TUESDAY

Yogurt &
fruit platter

Beef and
vegetable
Ravioli

Carrot
Cake

WEDNESDAY

Yogurt &
fruit platter

Cornish
Sausage Rolls

Homemade
Biscuits

THURSDAY

Yogurt &
fruit platter

Beef and
vegetable
Lasagne

Rice cakes
with assorted
spreads

FRIDAY



Yogurt &
fruit platter

Chicken chow
mein with wet
Asian noodles

Chocolate
Crackles



All meals prepared
fresh daily by
our Chef.

All menu ingredients
available
upon request.

Daily pureed menu
for children under
12months of age.

